

# **SAPNA**

## **Summary of Activities**

**2007**

Dear Sir

Greetings from **SAPNA**. During the year 2007 SAPNA in its own modest way has surged ahead in its endeavour to act as an agent of social change in areas of critical concern like public health, women's empowerment, non-formal education, community development, etc. with focus on the urban as well as the rural poor.

2. SAPNA along with other like-minded individuals has been extending support to the poor patients and attendants coming from far-flung areas of the country and staying in the **Safdarjung Hospital Dharamshala**. We are providing support in terms of provision of medicines, investigations milk, food, (lunch & dinner), rations, blankets, clothing, transportation, etc. and also cater their other day to day needs. In addition SAPNA is also bearing the cost of operations by providing diagnostic and surgical consumables to the needy patients. Orthopedic aids like crutches, walkers, wheelchairs, collars, etc. are also provided. SAPNA also assists in procuring healthy donors so that blood is sourced on time as per requirement. We are also addressing the counseling as well as recreational/devotional needs of the patients and their attendants.

3. In a similar manner SAPNA is supporting the indigent patients in the **Rajgaria Vishram Sadan (AIIMS)** by providing milk and morning tea to all the patients as well as medicines & dry rations to the BPL (Below Poverty Line) patients staying in the Sadan.

4. SAPNA started an **Old Age Home** on 5<sup>th</sup> Jan, 2007 for the old, sick and abandoned at **Vijay Mandir, Alwar (Rajasthan)**. Subsequently SAPNA established a **Computer Literacy Center** on 27<sup>th</sup> June, 2007 in the same campus for children of the adjoining villages as part of our computer literacy drive. The center has evoked tremendous response.

5. SAPNA has also embarked on an **Outreach Health Programme** wherein it desires to provide health cover to the poor and the needy with focus on women and children who are unable to access health centres. A mobile team of doctors from **Escorts Hospital, Delhi** held a **Heart Check-up** camp in June 2007 at Vijay Mandir, Alwar. This was followed by a **Gynae Camp** for women organized by the **Fortis Group of Hospitals** in July 2007 followed by **three Eye Camps** by **Venu Eye Hospital, Delhi** during the year. The overwhelming response in these medical camps has highlighted the dire need of health care in rural India. We plan to have at least one such camp every month covering various disciplines of health.

6. In December, 2007 SAPNA undertook the onerous task of looking after unattended patients at the Trauma Centre, AIIMS. We rehabilitate such poor patients who have been abandoned and also provide for after care.

7. SAPNA purchased a Maruti Gypsy PB-17A / 3558 by contributing Rs. 40,000. The remaining amount of Rs. 1,11,000 was paid by Shri Pradeep Vatrana R/o Alwar. A Maruti Van BR - 1X/ 4015 was donated by Shri Rajeev Pratap Rudy to carry out the day to day activities of SAPNA.

8. A dairy was started at Alwar Centre so that milk and milk products could be provided to the residents in the Old Age Home. 4 Cows were donated for their cause.

9. As you are aware, contributions to SAPNA are exempt under 80G of the Income Tax ACT, 1961. Fresh exemption was granted to SAPNA from 01.02.2007 to 31.01.2010 under section 80G of Income Tax Act.

### **Vision - 2008**

10. Empowerment of women has been high on our agenda. Sapna in partnership with NDO Vishaka has decided to look after the affairs of the

**Mahila Salah & Suraksha Kendra (MSSK)**, a counseling centre for women at **Alwar** run under the umbrella of the Mahila Thana of Rajasthan Police from 1<sup>st</sup> of January, 2008. SAPNA envisages making it into a model center for wholistic redressal of grievances of women.

11. We plan to compliment the above efforts by setting up a **Day Care Health Centre** equipped with basic diagnostic facilities at Vijay Mandir, Alwar. Such a facility will not only provide basic health care but also facilitate follow-ups to the monthly camps as well as registration for the next camp. Our ultimate aim is to establish a **Telemedicine Center** so that the poorest of the poor can locally access the best medical facility available globally.

12. SAPNA is also in the process of tying up with a Delhi based NGO **Prayas**, which works for destitute children, to set up an **Adolescent Learning center** at Vijay Mandir, Alwar for the destitute/dropouts with focus on the girl child as part of our empowerment programme.

13. This is just a humble beginning and we have a long way to go. SAPNA seeks to catalyze the process of social change and envisages acting as a pro-active partner in a social endeavor that seeks to fulfill its dream of empowering the poor and the needy.

14. Thanking You

15. SUDHIR PRATAP SINGH  
GENERAL SECRETARY  
SAPNA

## **AGENDA**

- ❖ Approve the following for the period **01.01.07 to 31.12.07:-**
- 1. Expenditure of **Rs. 6,12,963** on Milk in Safdarjung Hospital Dharamshala (SHD) & Rajgaria Vishram Sadan, (R.V.S.) AIIMS.
- 2. Expenditure of **Rs. 3,62,152** on Medicines in Safdarjung Hospital Dharamshala & Rajgaria Vishram Sadan, (AIIMS).
- 3. Expenditure of **Rs. 3,01,785** on Lunch in Safdarjung Hospital Dharamshala.
- 4. Expenditure of **Rs. 93,066** on fruit and juice in Safdarjung Hospital Dharamshala.
- 5. Expenditure of **Rs. 37,192** on Operations at Safdarjung Hospital Dharamshala / Rajgaria Vishram Sadan (AIIMS).
- 6. Payment of **Rs. 1,85,921** as Honorarium to volunteers.
- 7. Misc. expenditure of **Rs. 2,39,234** at Safdarjung Hospital Dharamshala.
- 8. Misc. expenditure of **Rs. 3,29,772** at Alwar Centre.
- 9. Expenditure of **Rs. 86,003** on Sanitary items at Alwar Centre.
- 10. Expenditure of **Rs. 40,000** on purchase of Maruti Gypsy for Alwar Centre.
- 11. Expenditure of **Rs. 72,122** on Medical Camps in Alwar.

## Activities of SAPNA – 2007

### ❖ Safdarjung Hospital Dharamshala

- Distribution of Medicines Milk, Ration, Fruits, Juice, Lunch etc. to poor patients as per Appendix 'A'.
- Donation of 85 units of Blood.
- Distribution of 28 Walkers, 51 Crutches/Baisakhis and 13 Stick elbows.
- Distribution of 256 Blankets, 212 Bed Sheets, 74 Sweaters & 47 Shawls.
- Social worker:
  1. Lalita Alexander / Honorarium Rs. 3,000.
  2. Rafeeq / Honorarium Rs. 1,000.
  3. Ramashankar Upadhyay / Honorarium Rs. 1,000.

### ❖ Rajgarea Vishram Sadan, AIIMS

- Distribution of Milk, Rations & Medicines to poor patients as per Appendix 'B'.

### ❖ Trauma Centre, AIIMS

- Take care of poor and unattended patients. Also provide rehabilitation and after care of such patients.
- 3 Patients were rehabilitated.
- Supervisor: Ms. Simmi Mahajan / Honorarium Rs. 5,000.

### ❖ Alwar Old Age Home

- The following old, sick and abandoned patients are being looked after in Alwar Old Age Home:
  1. Mangeram R/o Haryana, aged around 70 years, handicapped and staying since 05.01.07.
  2. Lal Bihari R/o Bihar, aged 50 years, handicapped (Spinal Injury), abandoned and staying since 07.02.07.
  3. Shanti Sinha R/o Kolkata aged 55 years, sick and abandoned staying since 20.12.07.
- Caretaker: - Ramesh Chand / Honorarium Rs. 3,000.

### ❖ Computer Literacy Centre, Alwar

- Computer Lab having 9 Work stations.
- HP / HCL (P3 / P4) Computers / 64 MB to 256 MB Ram /Windows 95, 98 & XP.

- Curriculum:
  - Software DTP Desktop/ MS office / Adobe Page Maker / Photoshop / Coral Draw / Accounting packages (Tally) / Data Base: SQL / Oracle.
  - Hardware: Basic training
- CD writing facility / Internet compatibility / LAN
- Daily 7 batches of one hour each including one batch of girls.

S.No.	Month	No. of Students
1.	June	63
2.	July	65
3.	August	77
4.	September	60
5.	October	69
6.	November	62
7.	December	56

- No charges
- Resource persons:
  - Sunil R/o Alarm, Age 25, BA ,One Year diploma in computers from Alwar.
  - Mukesh r/o Delhi, Age 25,Hands on knowledge of computers.
  - Honorarium Rs. 2,500 per person.
- Sh. Chandan Singh looks after hardware on complimentary basis.

❖ **Outreach Health Programme**

S.No	Medical Camp	No. of Camps	Date of Camps	OPD		
1	Cardiac Camp	2	27/06/- 02/08/2007	392		
2	Gynae Camp	1	02/08/07	295		
3	Eye Camp	3	01/09 - 15/10 - 23/11/2007	673	Cataract Operations	Spectacles
					164	85

- The Cataract patients are taken to Delhi for operation at the **Venu Eye Hospital** in a bus provided complimentary by **Mr. Manoj Chachan** of M/s Lords International School, Alwar.
- Follow ups are done in the succeeding camps.
- Medicines are also provided in these camps.

## Monthly Donations Received in 2007

Month	Amount
January, 2007	Rs. 1,51,000
February, 2007	Rs. 99,100
March, 2007	Rs. 2,63,000
April, 2007	Rs. 1,60,000
May, 2007	Rs. 1,20,000
June, 2007	Rs. 1,53,000
July, 2007	Rs. 1,07,000
August, 2007	Rs. 3,57,000
September, 2007	Rs. 2,48,000
October, 2007	Rs. 1,67,000
November, 2007	Rs. 2,44,000
December, 2007	Rs. 1,22,500
<b>Total</b>	<b>Rs. 21,91,600</b>

## Monthly Expenditure in 2007

Month	Amount
January, 2007	Rs. 1,67,009
February, 2007	Rs. 2,18,456
March, 2007	Rs. 2,50,398
April, 2007	Rs. 2,86,976
May, 2007	Rs. 2,31,234
June, 2007	Rs. 2,13,801
July, 2007	Rs. 2,35,066
August, 2007	Rs. 1,72,311
September, 2007	Rs. 1,70,142
October, 2007	Rs. 1,36,439
November, 2007	Rs. 1,25,759
December, 2007	Rs. 1,57,671
<b>Total</b>	<b>Rs. 23,65,262</b>

Balance		Amount Rs.
Balance as in 01.01.2007	4,95,348	
Donations Received in 2007	21,91,600	<b>26,86,948</b>
Expenditure in 2007		<b>23,65,262</b>
Balance on 01.01.2008		<b>3,21,686</b>



## Donor Names & Money received

S. No.	Name	Received (Rs.)
1	Donors C/o Sh. Nidhesh Gupta	Rs. 4,11,600
2	Sh. Ranjit Kumar	Rs. 2,90,000
3	Sh. Nidhesh Gupta	Rs. 2,42,000
4	Dr. Harshvardhan Singh	Rs. 1,71,000
5	Sh. Vishal Jalan	Rs. 1,20,000
6	M/s Metso Minerals Pvt. Ltd. C/o Sh. Sandeep Garg	Rs. 1,00,000
7	M/s Dozco (India) Pvt. Ltd. C/o Sh. Sandeep Garg	Rs. 1,00,000
8	Sh. Tara Chand Jain	Rs. 90,000
9	Sh. Mahesh Jain	Rs. 60,000
10	Sh. Ajay Berry	Rs. 55,000
11	Sh. Satish Kumar Chawla	Rs. 55,000
12	M/s Lucas and Mayo Netsourcing Pvt. Ltd. C/o Sh. Naresh Modi	Rs. 51,000
13	Sh. S.K. Jain	Rs. 51,000
14	Smt. Beena Singh	Rs. 50,000
15	M/s Maurya Enterprises Pvt. Ltd. (Mr. Rajeev Ranjan)	Rs. 40,000
16	Sh. Gur Nihal Singh Mann	Rs. 33,000
17	M/s Bhotika Trade and Services Pvt. Ltd. (C/o Saroj Bhotika)	Rs. 31,000
18	M/s LMJ Logistic Ltd. C/o Sh. J.K. Jain	Rs. 25,000
19	Sh. Narender Modi	Rs. 25,000
20	Sh. Manav Kalyan Trust C/o Sh. Ramesh Kumar Saboo	Rs. 25,000
21	Sh. Sudhir Pratap Singh	Rs. 23,000
22	Dr. Sangeeta Desai	Rs. 20,000
23	M/s Pajero Inbternational Pvt. Ltd. (C/o Sh. Dharamveer)	Rs. 20,000
24	Smt. L. Agnihotri	Rs. 16,000
25	M/s Shree Ganeshji Maharaj Sewa Samiti C/o Sh. Anil Khaitan	Rs. 15,000
26	Smt. Sapna Kumar	Rs. 11,000
27	Smt. Gauri	Rs. 8,000
28	Dr. Vijay Gupta	Rs. 6,000
29	Smt. Chitra Singh	Rs. 5,000
30.	Sh. Bimal Pachnanda	Rs. 5,000
31.	GiveIndia	Rs. 5,000
<b>Total</b>		<b>Rs. 21,33,616</b>

## Expenses on Milk – SHD & RVS (AIIMS)

Month	SHD	RVS (AIIMS)
January, 2007	Rs. 25,688	Rs. 35,730
February, 2007	Rs. 25,624	Rs. 29,568
March, 2007	Rs. 32,888	Rs. 29,464
April, 2007	Rs. 32,608	Rs. 27,360
May, 2007	Rs. 32,984	Rs. 28,272
June, 2007	Rs. 31,472	Rs. 27,360
July, 2007	Rs. 26,848	Rs. 26,676
August, 2007	Rs. 25,978	Rs. 23,409
September, 2007	Rs. 17,620	Rs. 23,328
October, 2007	Rs. 15,962	Rs. 23,265
November, 2007	Rs. 12,789	Rs. 22,618
December, 2007	Rs. 12,825	Rs. 22,627
<b>Total</b>	<b>Rs. 2,93,286</b>	<b>Rs. 3,19,677</b>

## Expenses on Lunch - SHD

Month	Lunch
January, 2007	Rs. 28,030
February, 2007	Rs. 21,640
March, 2007	Rs. 23,380
April, 2007	Rs. 27,600
May, 2007	Rs. 27,440
June, 2007	Rs. 28,080
July, 2007	Rs. 25,950
August, 2007	Rs. 23,100
September, 2007	Rs. 28,940
October, 2007	Rs. 26,875
November, 2007	Rs. 21,166
December, 2007	Rs. 19,584
<b>Total</b>	<b>Rs. 3,01,785</b>

## Expenses on Fruit & Juice in SHD

Month	Fruits	Juice
January, 2007	Rs. 5,270	Rs. 1,560
February, 2007	Rs. 4,780	Rs. 1,700
March, 2007	Rs. 6,542	Rs. 2,630
April, 2007	Rs. 7,707	Rs. 2,960
May, 2007	Rs. 7,662	Rs. 3,060
June, 2007	Rs. 6,262	Rs. 2,900
July, 2007	Rs. 4,578	Rs. 2,720
August, 2007	Rs. 4,761	Rs. 2,500
September, 2007	Rs. 5,178	Rs. 2,460
October, 2007	Rs. 5,326	Rs. 1,930
November, 2007	Rs. 3,734	Rs. 1,920
December, 2007	Rs. 2,936	Rs. 1,990
<b>Total</b>	<b>Rs. 64,736</b>	<b>Rs. 28,330</b>

### Expenses on Medicines – SHD & RVS (AIIMS)

Month	SHD	RVS
January, 2007	Rs. 17,695	Rs. 22,829
February, 2007	Rs. 44,019	Rs. 11,576
March, 2007	Rs. 25,550	Rs. 13,276
April, 2007	Rs. 13,160	Rs. 20,448
May, 2007	Rs. 13,696	Rs. 12,254
June, 2007	Rs. 11,784	Rs. 8,348
July, 2007	Rs. 16,516	Rs. 21,076
August, 2007	Rs. 17,103	Rs. 14,099
September, 2007	Rs. 22,347	Rs. 7,653
October, 2007	Rs. 21,735	Rs. 3,582
November, 2007	Rs. 7,761	Rs. 4,175
December, 2007	Rs. 9,666	Rs. 1,804
<b>Total</b>	<b>Rs. 2,21,032</b>	<b>Rs.1,41,120</b>

### Expenses on Operation

Month	No. of Patient	Amount
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January, 2007	1	Rs. 5,720
February, 2007	1	Rs. 10,000
March, 2007	Nil	Rs. 0
April, 2007	Nil	Rs. 0
May, 2007	1	Rs. 1,472
June, 2007	Nil	Rs. 0
July, 2007	1	Rs. 7,000
August, 2007	2	Rs. 13,000
September, 2007	Nil	Rs. 0
October, 2007	Nil	Rs. 0
November, 2007	Nil	Rs. 0
December, 2007	Nil	Rs. 0
<b>Total</b>		<b>Rs. 37,192</b>

### **Misc. Expenses – SHD / RVS**

Month	Amount
January, 2007	Rs. 15,987
February, 2007	Rs. 6,631
March, 2007	Rs. 45,430
April, 2007	Rs. 26,472
May, 2007	Rs. 37,328
June, 2007	Rs. 8,473
July, 2007	Rs. 23,942
August, 2007	Rs. 11,446
September, 2007	Rs. 14,874
October, 2007	Rs. 13,764
November, 2007	Rs. 9,581
December, 2007	Rs. 25,306
<b>Total</b>	<b>Rs. 2,39,234</b>

### **Honorarium to Volunteers**

Month	Amount
January, 2007	Rs. 8,500

February, 2007	Rs. 8,500
March, 2007	Rs. 18,500
April, 2007	Rs. 11,500
May, 2007	Rs. 11,500
June, 2007	Rs. 11,500
July, 2007	Rs. 16,500
August, 2007	Rs. 16,500
September, 2007	Rs. 16,500
October, 2007	Rs. 24,000
November, 2007	Rs. 19,000
December, 2007	Rs. 23,421
<b>Total</b>	<b>Rs. 1,85,921</b>

Sl. No.	Name of Volunteers	Honorarium
1	Lalita Alexender	27,000
2	Rafiqe	19,000
3	Ramashanker	25,000
4	Simmy Mahajan	2,171
5	Ramesh	47,750
6	Banwari	10,500
7	Samay Singh	26,500
8	Dilip Kumar	12,000
9	Nimmy Kumari	12,000
10	Dipika Kukreja	4,000
<b>Total</b>		<b>1,85,921</b>

### **Misc. Expenses - Alwar Centre**

<b>Month</b>	<b>Amount</b>
February, 2007	Rs. 49,991
March, 2007	Rs. 52,738
April, 2007	Rs. 45,099
May, 2007	Rs. 55,556
June, 2007	Rs. 37,622
July, 2007	Rs. 22,687
August, 2007	Rs. 20,415
September, 2007	Rs. 9,542
October, 2007	Rs. 0
November, 2007	Rs. 22,400
December, 2007	Rs. 13,722
<b>Total</b>	<b>Rs. 3,29,772</b>

### **Other Expenses - Alwar Centre**

<b>S.No.</b>	<b>Payment to</b>	<b>Month</b>	<b>Amount (Rs.)</b>
1.	M/s Indian Sanitary Ware, Alwar	April	72,062
2.	Sh. Lakhwinder Singh (Maruti Gypsy)	June	40,000
3.	M/s Indian Sanitary Ware, Alwar	July	13,941
4.	M/s Subhash Medical, (Medicines)	July	26,632
5.	M/s Venu Eye Institute & Research Centre	September	21,700
6.	M/s Venu Eye Institute & Research Centre	December	23,790
<b>Total</b>			<b>1,98,125</b>

## List of Members of Governing Body of SAPNA

S. No	Name	Address	Occupation	Designation
1	Dr. B N Sharma	4A, Dolphin, Pilot Bunder Road, Mumbai-400005	Doctor	President
2	Narayan Singh Manaklao	21, Ferozeshah Road, New Delhi	Member of Parliament, Rajya Sabha & Social Worker	Vice- President
3	Sudhir Pratap Singh	D-II/56, Shahjahan Road, New Delhi - 3	Government Servant	General Secretary
4	Ms.Susmita Shekhar	207, Sahyog Appts, Mayur Vihar, Phase - I, Delhi-110091	Sanitation Expert	Secretary
5	Rajesh Chiranevala	C-93/Defence Colony, New Delhi-110024	Business	Treasurer
6	Jitendra Singh	Phool Bagh Palace, Alwar, Rajasthan	M LA, Alwar, Rajasthan	Executive Member
7	Ms.Jasveen Ahluwalia	Village Pipla Bharat Singh , Tehsil Sanganer, Bhakrota, Jaipur, Rajasthan	Woman Activist & Social Worker	Executive Member
8	Ranjit Kumar	A-47, Kailash Colony, New Delhi -110048	Senior Advocate, Supreme Court	Executive Member
9	Dr Harshvardhan Singh	A-89, Madhuvan, Delhi-110092	DDG, WTO, Geneva	Executive Member
10	Ms.Sujata Prasad	D-50, Rabindra Nagar, New Delhi	Govt. Servant	Executive Member

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